Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

FAMILY CONNECTIONS

Students,

 Please ask a parent, relative or community member to tell you about a time when they faced a challenge in their life, and how they overcame that challenge. Ask the questions listed below and rewrite their response in the space provided.

Name of Adult: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |
| --- |
| What is one challenge you have faced in your life that you were able to overcome?  |
| What values and beliefs did you hold onto in the face of that challenge?  |
| Who did you rely on (or reach out to) in your community to overcome that challenge? |
| How did you reach out or rely on these people?  |
| What advice can you give me when I face challenges in life?  |
| ADULT: please ask student one question about facing challenges and include the question and response in this space. |